



# WHY TENNIS?

**USTA FOUNDATION SPECIAL REPORT: MORE THAN A SPORT – TENNIS, EDUCATION AND HEALTH**, is the first nationwide study to compare the education and health profiles of youth tennis participants with participants in other contact and non-contact sports, as well as students who do not participate in sports.

**54,048**  
# OF 8TH + 10TH GRADERS  
SURVEYED

**4,278**  
# OF TENNIS PARTICIPANTS  
INCLUDED

## YOUTH WHO PLAY TENNIS...

Get Better  
Grades



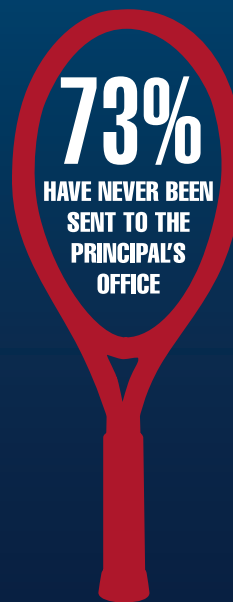
Spend more  
time studying

Have college  
aspirations



More say they will  
graduate from college

Are better  
behaved



Fewer are suspended  
or expelled

Are more  
community-minded  
and well-rounded



More are engaged in  
extracurricular activities

**ARE HEALTHY  
AND *LESS PRONE*  
TO RISKY  
BEHAVIORS**



Less binge drinking, cigarette smoking and are less likely to be overweight or at-risk for being overweight.

**TENNIS PARTICIPATION  
POSITIVELY INFLUENCES THE  
LIVES OF U.S. YOUTH ACROSS ALL  
SOCIOECONOMIC LEVELS.**

The USTA Foundation's mission is to support local programs for under-resourced youth through the powerful combination of tennis and education.

For the full report, visit [USTAFOUNDATION.COM](http://USTAFOUNDATION.COM)

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